Waterloo Regional Down Syndrome Society
10th Annual Buddy Walk

Sunday November 6, 2011
Stanley Park Community Centre 505 Franklin St. N., Kitchener, Ontario
Registration 1:00 pm, Walk 2:00 pm

Name	Address	Poastal Code	Phone Number	Email	Pledged	Received

If you require more room for sponsors please pick up additional pledge sheets.
Receipts will only be issued for pledges of $10.00 or more and if names, addresses and postal codes are clearly legible.

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The Buddy Walk is a fun filled afternoon for the whole family that helps raise awareness of people with Down syndrome. No matter what your age, all you have to do is put on your walking shoes and have some fun! By participating in the 10th annual 3 km walk, you are giving people with Down syndrome in Waterloo Region a chance for a brighter tomorrow. Won't you help make a difference?

The Buddy Walk was started by the National Down Syndrome Society in New York city and has grown from 17 walks around the USA in 1995 to more than 300 walks expected in 2011 across the country and around the world. The goal of the Canadian Buddy Walk is to promote a proud Canada where ALL are welcome, where we embrace diversity and where we value everyone's genes equally.

"It's not about your disability, it's your ability that counts."

Chris Burke

Before the Walk:

- line up your sponsors and obtain complete address information
- try to collect your pledge money beforehand
- make any cheques payable to the Waterloo Regional Down Syndrome Society
- advise sponsors that tax receipts will be mailed for pledges of $10.00 or more

On Walk Day:

- total the "Total Pledged" column and bring the sponsor sheet, along with your pledge money, with you to the Registration Desk at the Walk

Please call: (519) 896-4488, visit our website at **www.wrdss.ca** or email us at info@wrdss.ca for pledge sheets or for information.

Pledges can be made online through our website at **www.wrdss.ca**

Where does my money go?

Most of the money raised remains with the Waterloo Regional Down Syndrome Society and supports speech bursaries, conference bursaries and social activities. A portion of the funds support the Canadian Down Syndrome Society and their efforts for advocacy for people with Down syndrome.

How To Get There

From Waterloo go down King St. turn left at Ottawa St. N., turn right on Franklin St N.
From Kitchener go down King St. turn right at Ottawa St. N., turn right on Frankin St N.

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